

## LIVING WITH LOSS

An information evening for the public about bereavement with guest speaker

## Niamh Fitzpatrick

(Psychologist, sister of Capt. Dara Fitzpatrick) Observations on grief from the inside out

November is traditionally a month for remembrance. This Irish Hospice Foundation event aims to provide information about grief and the range of supports available to bereaved people.

Members of the public are invited to attend this free public event:

## Thursday, 1<sup>st</sup> November 2018 5.30pm - 8.00pm The Alex Hotel, 41-47 Fenian Street (off Merrion Square), Dublin 2.

The evening will open at 5.30pm with a formal introduction. There will also be an opportunity to chat to voluntary bereavement support services about the supports they provide. During the evening Niamh Fitzpatrick will address the gathering and speak on the theme 'Living with Loss'.

This public event is free to attend. Bookings are not necessary.

If you have any queries or would like further information please contact

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This event is kindly sponsored by Fanagans

